

Back in the good old days it was considered unladylike to make any demonstration at a track meet or a ball game but it is a very cold-blooded young lady indeed who can watch the home team dashing in to victory without a shout of triumph or see the same team struggling with defeat and not give a cry of encouragement. There are limits, however, even in these degenerate days, and children should never shriek derision in the faces of the losers or let themselves become boisterous in their approval or disapproval. In the special yells for interscholastic athletic events and others there should be no profane or vulgar words, and the playground vocabulary should not be one that will taint the every-day vocabulary when the two merge into one. Courtesy demands that a yell be given the visiting team before and after the game whether they are the victors or losers.

Besides games there are many other kinds of clean, healthful, active outdoor sport in some form of which every child should have an opportunity to engage.

BATHING

IT IS a mistake to think that the garments of modesty can be thrown aside with impunity when one steps into a bathing suit, and a girl can no more afford to dress imprudently at the swimming pool or on the beach than she can in the ball-room or on the street.

Common sense dictates that a bathing suit be not so clumsy as to impede the wearer's movements in the water nor so scant as to make her the object of special attention. A very small child may go in swimming without skirts or stockings but her sister of twelve or fourteen has not the same privilege.

Boys and very athletic girls should not play roughly nor frighten those who do not know how to swim. Those who are at home in the water should spend a part of their time helping those who are less fortunate.

Parents should be careful about the places where they allow their children to bathe. The "ol' swimmin' hole" is usually safe enough, but improperly drained indoor pools and natatoriums are alive with typhoid and other deadly germs.

BOATING

IT IS best to take no chances, and a child should not try to row a boat before he has learned to swim, nor should he be allowed on a lake or river with some one else unless he can pull himself out in case of an upset or is with some one who can do it for him.

Overturning canoes is sport when all the players have on bathing suits and know how to swim well. Under other circumstances it is only a person deficient in some of his faculties who rocks a boat or does anything else which is likely to cause an accident. It is no easy matter to get out of deep water when one